



Walker Brake Cable Replacement

A how-to guide on replacing the cables for the brakes of a Nova Get Go walker.

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INTRODUCTION

Many depend on walkers to live their daily lives and continued use can wear down brake cables.



TOOLS:

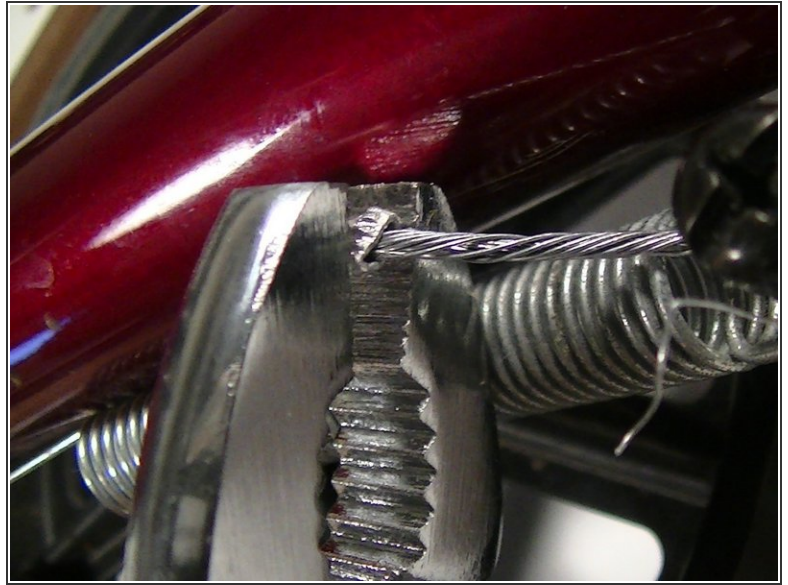
- [Phillips #2 Screwdriver](#) (1)
- [Large Needle Nose Pliers](#) (1)
- [Hammer](#) (1)
- [Smart Wrench](#) (1)



PARTS:

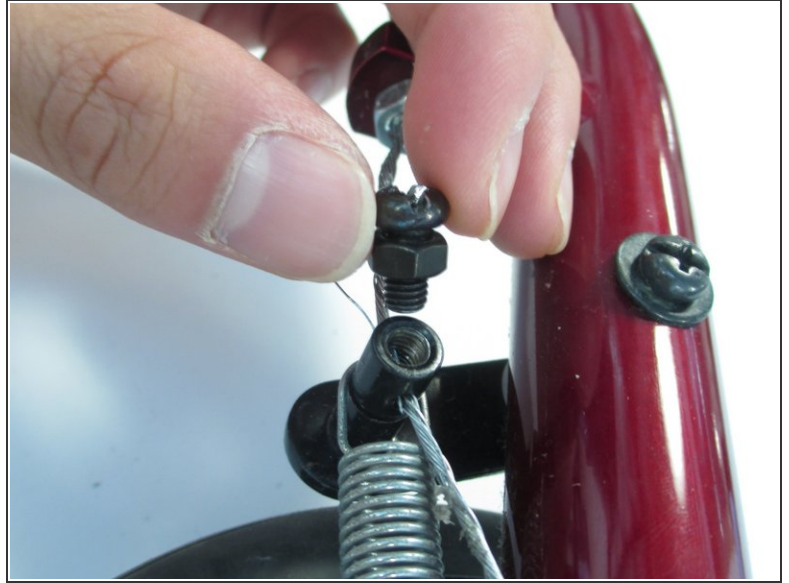
- [Nova Brake Assembly](#) (1)

Step 1 — Brake Cables



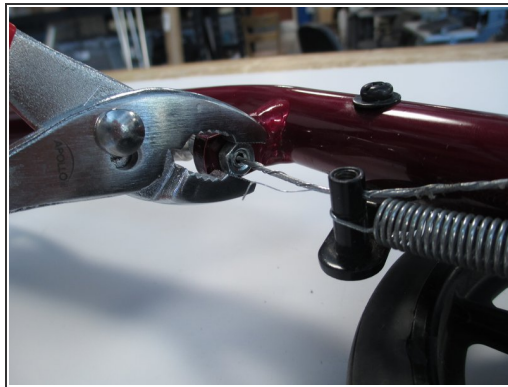
- Locate the wire cap near the brake at the bottom of the wheel
- Use a set of pliers to remove the wire cap.
- ⓘ Be sure to pinch the cap at the base to release the wires.

Step 2



- Locate the screw that fastens the wire to the brake shoe.
 - ❗ The screw is black and is adjacent to the spring hook not connected to the wheel.
- Use the Phillips (PZ2) Head screwdriver to unscrew the fastening bolt and nut.

Step 3



- Use pliers or wrench to undo nut that secures the wire to the body of the walker
- Thread the cable wire through the unfastened brake loop and nut.

Step 4



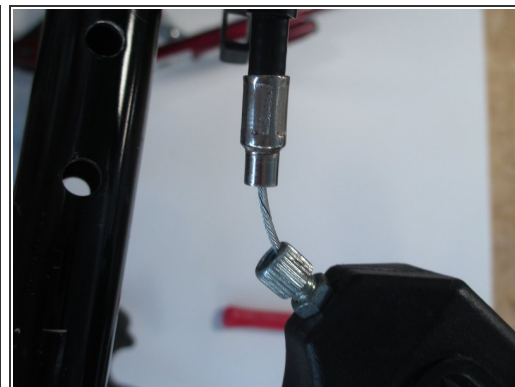
- Unhook the spring connecting the brake shoe to the wheel.
- ❗ If the spring is damaged, you can also completely remove and replace the spring by unhooking to spring on the opposite end.

Step 5



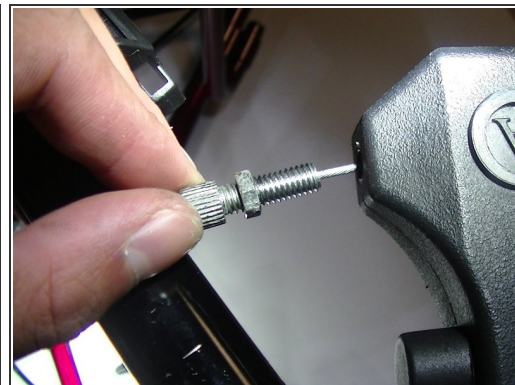
- Unscrew the loose bolt and wire from the body and remove by threading it through the wire.

Step 6



- Thread the cable through the white collar halfway up the body of the walker.
- Pull the cable sleeve off the cable to expose the metal wires.
- ❗ The cable sleeve is black and plastic with metal caps at each end.

Step 7



- Follow the wire up to the opposite end of the wire that attaches to the brake handle.
- Use pliers to unfasten the bolt from the plastic handle.

Step 8



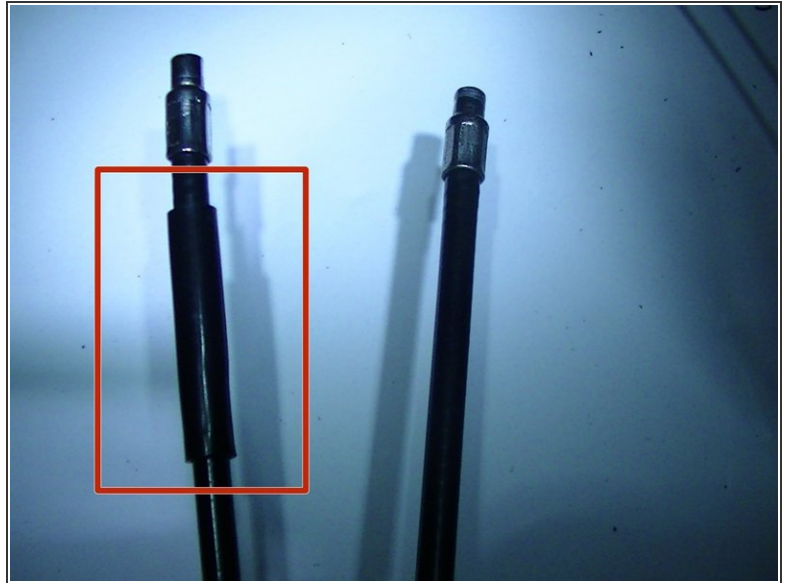
- Pull the lower handle out of the plastic casing.

Step 9



- Locate the plastic wire anchor cap and use a pair of pliers to remove the cap.
- Use the hammer to dislodge the wire anchor.

Step 10



- Completely remove brake handle and wire by threading through the plastic covering
- ✦ Follow instructions in reverse to reassemble.
- ⓘ When assembling sleeve, make sure the thicker end (boxed) of the wire is adjacent to the plastic brake handle.