



How to Restain Wood

This guide will show you how to restain your wood to ensure its longevity and health.

Written By: Brian Morales



INTRODUCTION

Before starting this project, you should wear gloves and a mask if possible for the sanding. Also this process is useful so you can make sure you can keep your wood looking good and protected so it doesn't rot and the wood can last longer.

TOOLS:

- [paint brush](#) (1)
 - [Gloves](#) (1)
 - [Medium Grit Sand Paper](#) (1)
 - [Shop Towels or Rags](#) (1)
-

Step 1 — How to Restain Wood



- Wipe down the wood with a rag or a towel to take clean the wood.

Step 2



- Sand down the wood until you get a soft surface.
- ⓘ If your wood is already stained, then sand the wood until it is clear of the old stain.

Step 3



- Wipe down the sanded part with the rag so when you paint on the wood you don't get the brush dirty with dust from the wood.

Step 4



- Paint the wood and make sure to cover all surfaces of the wood.
- Let it dry and repaint the wood a couple more times to ensure all of the surfaces have been properly coated.

To do this process again just follow these steps again and this process should be done again in 6-7 months

